

WHO TO CALL TO GET HELP

24 HOUR CRISIS HOTLINE 1-800-392-8343

Call If you or someone you know is experiencing a mental health emergency. Hotline workers will attempt to resolve the crisis or refer to a higher level of care.

MOBILE CRISIS OUTREACH TEAM

In response to a crisis hotline call, Burke may send staff to perform a behavioral health screening.

OTHER CRISIS SERVICES

Crisis Personnel may recommend Crisis Respite Care, residential treatment, inpatient hospitalization, outpatient services or other care as appropriate.

MORE INFORMATION

Reach Burke at (936) 639-1141 or www.myburke.org



DIAL 2-1-1

LOCAL INFORMATION, REFERRALS AND COMMUNITY RESOURCES

HELPFUL 2-1-1 TIPS

Callers may speak to 2-1-1 operators across Texas; they will help you find local resources.

Callers are encouraged to visit www.211texas.org for online information

2-1-1 Texas is a free, anonymous social service hotline available 24/7.



COVID-19 MENTAL HEALTH HOTLINE 1-833-986-1919

Texans experiencing anxiety, stress or emotional challenges due to the COVID-19 pandemic can access the statewide mental health support line 24/7.

The support line offers trauma-informed support and psychological first aid to those experiencing stress and anxiety related to COVID-19. Counseling services are confidential and free of charge to people who call the hotline.



TEXAS
Health and Human Services

COVID-19 CALL CENTERS IN BURKE'S SERVICE AREA

If you are experiencing any symptoms that could be related to COVID-19, such as fever, cough or shortness of breath, contact the Call Center serving your community. Do NOT report to an emergency room or a physician's office.

| County | Contact | County | Contact |
|-------------|--|---------------|--|
| ANGELINA | Angelina Counties and Cities Health District (936) 630-8500 | SABINE | Regional Call Center (409) 550-2536 |
| HOUSTON | Nacogdoches County Call Center (936) 468-4787 | SAN AUGUSTINE | Angelina Counties and Cities Health District (936) 630-8500 |
| JASPER | Regional Call Center (409) 550-2536 | SAN JACINTO | Houston-Based Call Center (832) 393-4220 |
| NACOGDOCHES | Nacogdoches County Call Center (936) 468-4787 | SHELBY | Nacogdoches County Call Center (936) 468-4787 |
| NEWTON | Regional Call Center (409) 550-2536 | TRINITY | 2-1-1 1-866-310-9618 |
| POLK | Angelina Counties and Cities Health District (936) 630-8500 | TYLER | Regional Call Center (409) 550-2536 |

When Calling 2-1-1 for COVID-19 Testing Information and Resources
Press 1 for English, press 2 for Spanish, then option 6 for COVID-19