

MARCH 2019

HEMPHILL I.S.D.

BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday

OATMEAL & TOAST **4**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK
H/S--POPTARTS

BREAKFAST SQUARE **5**
W/ BACON & EGG
OR
CEREAL & TOAST
JUICE & FRUIT
MILK

SAUSAGE CHEESE **6**
BISCUIT
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

SAUSAGE ROLL **7**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

BREAKFAST PIZZA **1**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

PANCAKES **8**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK
H/S—CINNAMON ROLL

FRENCH TOAST STICKS **11**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK
H/S—CEREAL BAR

BREAKFAST SLIDER **12**
W/ EGG & CHEESE
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

SAUSAGE & CHEESE **13**
BURRITO
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

MUFFINS **14**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

BREAKFAST PIZZA **15**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

OATMEAL & TOAST **18**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK
H/S--POPTARTS

BREAKFAST SQUARE **19**
W/ BACON & EGG
OR
CEREAL & TOAST
JUICE & FRUIT
MILK

SAUSAGE CHEESE **20**
BISCUIT
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

SAUSAGE ROLL **21**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

PANCAKES **22**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK
H/S—CINNAMON ROLL

FRENCH TOAST STICKS **25**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK
H/S—CEREAL BAR

BREAKFAST SLIDER **26**
W/ EGG & CHEESE
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

SAUSAGE & CHEESE **27**
BURRITO
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

MUFFINS **28**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK

BREAKFAST PIZZA **29**
OR
CEREAL & TOAST
FRUIT & JUICE
MILK



Monday

Tuesday

Wednesday

Thursday

Friday

4
SUPREME NACHOS
GARDEN SALAD
PINTO BEANS
FRUIT
MILK

5
CHICKEN SPAGHETTI
BROCCOLI
CELERY STICKS W/RANCH
FRUIT
MILK

6
PIZZA
CORN
CARROTS
FRUIT
MILK

7
BEEF VEGETABLE SOUP
GRILLED CHEESE
GARDEN SALAD
FRUIT
MILK

1
CHEESEBURGER
BURGER SALAD
FRENCH FRIES
FRUIT
MILK

8
CHICKEN BURGER
BURGER SALAD
TATER TOTS
FRUIT
MILK

11
BEEFY MAC
LIMA BEANS
BROCCOLI W/CHEESE
CORNBREAD
FRUIT
MILK

12
CHICKEN NUGGETS
CHESSY POTATOES
GREEN BEANS
FRUIT
MILK

13
TACO WRAP
GARDEN SALAD
PINTO BEANS
FRUIT
MILK

14
CHICKEN GUMBO
POTATO SALAD
RICE OR CRACKERS
FRUIT
MILK

15
CHEESEBURGER
BURGER SALAD
FRENCH FRIES
FRUIT
MILK

18
CHICKEN STRIPS
MASHED POTATOES
W/GRAVY
SWEET PEAS
FRUIT
MILK

19
BEEF SPAGHETTI
BLACKEYE PEAS
GARDEN SALAD
CORNBREAD
FRUIT
MILK

20
PIZZA
CORN
CARROTS
FRUIT
MILK

21
CHICKEN QUESADILLA
GARDEN SALAD
PINTO BEANS
FRUIT
MILK

22
CHICKEN BURGER
BURGER SALAD
TATER TOTS
FRUIT
MILK

25
STEAKFINGERS
RICE W/GRAVY
LIMA BEANS
CORNBREAD
FRUIT
MILK

26
FRITO PIE
W/ CHILI & CHEESE
RANCH STYLE BEANS
FRUIT
MILK

27
TACO WRAP
GARDEN SALAD
PINTO BEANS
FRUIT
MILK

28
TACO POTATO
W/ CHEESE
MEXICAN CORN
PINTO BEANS
FRUIT & MILK

29
CHEESEBURGER
BURGER SALAD
FRENCH FRIES
FRUIT
MILK

